



# BHS Benbrook Gastroenterology Associates

Dr. Donald Walters, Dr. Peter Molloy and Dr. Krysia Zancosky

## FLEXIBLE SIGMOIDOSCOPY PREP

NAME: \_\_\_\_\_ PROCEDURE DATE: \_\_\_\_\_

### LOCATION:

Benbrook Medical Center, Building #1, 102 Technology Drive, Butler PA

Butler Memorial Hospital, One Hospital Way, Butler PA

### Medication Restrictions:

If you are taking any of the blood thinners listed below, you **MUST** call and inform the doctor prescribing these medications that you are referred for a colonoscopy. Contact the prescribing provider **at least one week** prior to the procedure to ask if it is safe to stop your blood thinner. Also clarify when you should stop and restart the medication. If your physician instructs you **NOT** to stop the medication, please **NOTIFY** our office immediately.

**Coumadin**

**Pradaxa**

**Eliquis**

**Brilinta**

**Warfarin**

**Xarelto**

**Effient**

**Plavix**

If you are taking an **iron supplementation** or **iron-containing medication** including a multi-vitamin, you **MUST** stop taking these medications **seven (7) days** prior to your procedure.

You **MAY** take any **cardiac** or **blood pressure medication** as usual, at least **two (2) hours** prior to your procedure with just a sip of water.

If you are **diabetic**, please **DO NOT** use **insulin** or take any **other diabetic medication** on the day of the procedure until **after** your procedure, unless otherwise instructed by your primary care physician.

All other medication only need to be held the day of your procedure. These include, but are not limited to prescription medications, supplements, Aspirin, Ibuprofen, Motrin, Advil, Naprosyn, Naproxen, Aleve, Fish Oil, Omegas and Glucosamine. You may take these the evening prior and/or as soon as you return home.

**\*\*PURCHASE TWO (2) FLEET ENEMAS OVER THE COUNTER AT ANY PHARMACY\*\***

**\*\*\*\*\*TURN PAGE OVER FOR ADDITIONAL INSTRUCTIONS\*\*\*\*\***

**DAY BEFORE PROCEDURE – CLEAR LIQUIDS ONLY ALL DAY**

**You may have only clear liquids including: coffee or tea without milk, clear fruit juices (apple, white grape, and white cranberry), jello (without fruit), broth or bouillon, italian ice, popsicles, Gatorade, Hi-C, Kool-Aid and any sodas (diet or regular). NO liquids that are red or purple in color. No alcoholic beverages allowed.**

**Approximately three (3) hours before going to bed, use one (1) Fleet enema as directed.**

**DAY OF PROCEDURE:**

**Approximately three (3) hours before your scheduled procedure, use the second Fleet enema as directed. Please allow enough time to expel enema before leaving for the procedure.**

This will complete the second half of your prep.

**\*\*\*PLEASE NOTE:** Normally, this exam is NOT performed with IV sedation. If you have been told that you will be sedated, please follow the instructions listed below:

1. Nothing by mouth after midnight prior to your scheduled procedure.
2. You must have a driver as you will be unable to drive until the day after your procedure.

**ADDITIONAL INFORMATION:**

**You will be contacted by telephone the day before your procedure to confirm your arrival time, unless your procedure is on a Monday, then you will be called the Friday before your procedure.**

**IF YOU DO NOT RECEIVE A CALL BY 3:00PM REGARDING YOUR ARRIVAL TIME, PLEASE CONTACT THE FACILITY IN WHICH YOU ARE HAVING YOUR PROCEDURE. PLEASE REFER TO THE NUMBERS BELOW FOR CONTACT INFORMATION.**

If you need to cancel, please call our office at 833.391.0654 or the number listed below for the facility at which you are scheduled.

Benbrook Surgical Center	724.431.0740
Butler Memorial Hospital	724.284.4595

