



BHS Benbrook Gastroenterology Associates

Dr. Donald Walters, Dr. Peter Molloy and Dr. Krysia Zancosky

SUFLAVE® COLONOSCOPY BOWEL PREP

NAME: _____ PROCEDURE DATE: _____

LOCATION:

 *Benbrook Medical Center*, Building #1, 102 Technology Drive, Butler PA

 *Butler Memorial Hospital*, One Hospital Way, Butler PA

Medication Restrictions:

If you are taking any of the blood thinners listed below, you **MUST** call and inform the doctor prescribing these medications that you are referred for a colonoscopy. Contact the prescribing provider **at least one week** prior to the procedure to ask if it is safe to stop your blood thinner. Also clarify when you should stop and restart the medication. If your physician instructs you **NOT** to stop the medication, please **NOTIFY** our office immediately.

Coumadin

Pradaxa

Eliquis

Brilinta

Warfarin

Xarelto

Effient

Plavix

If you are taking an **iron supplementation** or **iron-containing medication** including a multi-vitamin, you **MUST** stop taking these medications **seven (7) days** prior to your procedure.

You **MAY** take any **cardiac** or **blood pressure medication** as usual, at least **two (2) hours** prior to your procedure with just a sip of water.

If you are prescribed any of the **GLP-1 receptor agonist** for treatment of **type 2 diabetes** and **weight loss** listed below please hold all weekly injections **one week prior** to procedure. All daily injections and oral medications need to be held the day of the procedure until **after** your procedure. Contact your prescribing provider to confirm that holding these medications are okay.

Trullicity

Victoza

Mounjaro

Wegovy

Rybelsus

Bydureon

Saxenda

Ozempic

Adlyxin

Byetta

If you are **diabetic**, please **DO NOT** use **insulin** or take any **other diabetic medication** on the day of the procedure until **after** your procedure, unless otherwise instructed by your primary care physician.

*****TURN PAGE OVER FOR COMPLETE DOSING INSTRUCTIONS*****

All other medication only need to be held the day of your procedure. These include, but are not limited to prescription medications, supplements, Aspirin, Ibuprofen, Motrin, Advil, Naprosyn, Naproxen, Aleve, Fish Oil, Omegas and Glucosamine. You may take these the evening prior and/or as soon as you return home.

SUFLAVE® prescription has been sent electronically to your preferred pharmacy for you to pick up immediately. Failure to pick it up now may result in the pharmacy re-shelving your medication. Following dosing instructions on the back of this page. **DO NOT FOLLOW THE INSTRUCTIONS ENCLOSED WITH THE PREP KIT.**

DAY BEFORE PROCEDURE / DOSE 1 OF PREPARATION

CLEAR LIQUIDS ONLY ALL DAY (From the time you wake up)

No solid foods for the entire day starting from the time you wake up. You may have only clear liquids including: coffee or tea without milk, clear fruit juices (apple, white grape, and white cranberry), Jell-O (without fruit), broth or bouillon, Italian ice, popsicles, Gatorade, Hi-C, Kool-Aid and any sodas (diet or regular). Avoid liquids that are red or purple in color. No alcoholic beverages allowed. Please drink a minimum of one (1) gallon of fluids throughout the day. There is no limit to how much you can drink. You are encouraged to drink as much as possible.

- Do not take other laxatives while taking SUFLAVE®.
- Do not take oral medications within 1 hour of starting each dose of SUFLAVE®.

At 6:00pm:

1. Open 1 flavor enhancing packet and pour the contents into 1 bottle.
2. Fill the provided bottle with lukewarm water up to the fill line. Cap bottle and gently shake until all powder has dissolved. For best taste, refrigerate the solution for an hour before drinking.
3. Drink 8 ounces of solution every 15 minutes until the bottle is empty.
4. Drink an additional 16 ounces of water before going to bed.

Continue clear liquids until midnight.

DAY OF PROCEDURE / DOSE 2

- The morning of colonoscopy (*5 to 8 hours before leaving your home and no sooner than 4 hours from starting Dose 1*).
- Repeat **STEP 1 to STEP 4** from **DOSE 1** (listed above).
- Nothing else by mouth until after the procedure.
- Your stool should be liquid, clear, and free of solid material. If it is not clear, please call any time after 8 am.

*****PLEASE SEE NEXT PAGE FOR ADDITIONAL INFORMATION*****

ADDITIONAL INFORMATION:

If you need to cancel or reschedule your appointment, please call our office at (833)391.0654. Failure to notify the office of the cancellation may result in additional charges as well as a fee for non-cancellable ancillary services. Also, for any questions and/or concerns, please call the office.

Secure a Driver

Since you will be receiving sedating medications or narcotics, you are required by law to be accompanied by someone to drive you home when you are ready for discharge. You may not drive or return to work until the morning after your procedure

You will be contacted by telephone the day before your procedure to confirm your arrival time, unless your procedure is on a Monday, then you will be called the Friday before your procedure.

IF YOU DO NOT RECEIVE A CALL BY 3:00PM REGARDING YOUR ARRIVAL TIME, PLEASE CONTACT THE FACILITY IN WHICH YOU ARE HAVING YOUR PROCEDURE. PLEASE REFER TO THE NUMBERS BELOW FOR ARRIVAL TIME ONLY (ALL OTHER CALLS SHOULD BE DIRECTED TO OUR OFFICE):

Benbrook Surgical Center (724) 431-0740

Butler Memorial Hospital (724) 284-4595